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PIX11 MORNING NEWS

# Fruit and veggie scraps you should eat



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In honor of Earth Day we're getting scrappy!

Today we're going to show you fruit and veggie scraps you're *not* eating that *you should*.

Kate Spies, the editor in chief of Well+ Good breaks it down for us.

To view the full segment, visit: <https://pix11.com/news/morning/fruit-and-veggie-scraps-you-should-eat/>